

Workshop Descriptions

Printmaking for Kids! With Melissa Ryan- July 11 - 14, 1st-3rd grade

No computer printer needed! Come join us as we explore the possibilities that printmaking offers. From one of a kind monoprints to creating our own collograph plates and multiple images, we will learn that we can make beautiful unique pieces of art without the use of a press or printer! Activities are age appropriate and fun! Printmaking can be messy -- please bring an old shirt or apron to wear as a smock!

Limited to 6 students

Materials Fee: \$8

Melissa Ryan graduated from William Smith College with a B.A. in [Studio Art](#) and [Art History](#) in 1988. She is currently a Kindermates teacher at Schoolmates Preschool in Ivoryton, where she is lucky enough to spend most days hiking the trails of Bushy Hill and making Art with children. She has lived in [Spain](#), Venezuela, [Bosnia](#) and the UK and has traveled in Africa, Europe, and the US -- always with a desire to learn about local art and culture. She is eager to share her experience with young artists and to support them in finding their own means of self-expression.

Melissa is the mother of two artists (ages 6 and 9) and loves nothing better than learning about the world from the perspective of children.

Cooking with Chef Thomas- July 18 – 21, 3rd – 7th grades

If you are entering grades 3 – 7 and like to cook or are curious about what it's like to be a chef, join Region 4's very own Chef Thomas this week. You will learn basic cooking skills and safe food handling while creating fun, nutritious snacks that both you and your parents will love!

Limited to 12 students

Materials Fee: \$5

Thomas Peterlik is the Food Service Director for Region Four and a Chef with Dinners at the Farm. He is working to incorporate farm fresh cuisine into the District's [school lunch program](#). A native of [Austria](#), he graduated with honors from Austria's prestigious Berufsschule Salzburg with a degree in culinary arts. He's traveled the globe as Executive Chef for two cruise lines, [Seven Seas](#) and Silver Seas which fostered his love for "Food Vacations." Thomas is the former Culinary Director of [Yale University](#) Dining. With his past career at Yale and his intricate involvement with Dinners at the Farm he has embraced the [local food philosophy](#) and is active in the teaching and promotion of sustainability. Thomas lives in Deep River with his wife, Amy Forbes, and their two children Elena and Sebastian.

Treehouse Players, a children's theatre adventure

July 25 – 28, 1st – 7th grades

JOIN US for a creative, fun-filled adventure. We'll speak, move, improvise, sing, play theatre games, improvise and act out a story. Children will be grouped according to age. **The buds** (1st – 2nd) grow through play and imagination. They learn how to use their bodies and voices to express themselves truthfully. **The sprouts** (3rd – 5th) & **tree sprites** (6th - 7th) hone their acting skills, **vocal technique** and physical characterization through improvisation, playing theatre games and exercising their voices and bodies. In treehouse players they journey toward honest self-expression.

Amy Forbes is a professional actress, singer and educator. She has worked in the theatre industry for 20 years; acting and singing in NYC, on a national tour, in **regional theatres** and on a cruise ship that traveled around the world. She met her Austrian husband, Thomas Peterlik, on that cruise ship, married him and in 2000 moved to CT with him. Thomas and Amy now live in Deep River with their children Elena (9) and Sebi (5). In 2007 Amy created Treehouse Players by combining her desire for children to nurture their creative spirits and self-esteem with her passion for drama, music and movement. THP cultivates in children the inherent social development skills that dramatic arts provide. Along with raising her children and running Treehouse Players, Amy performs when possible, teaches **Music Together** and teaches music and drama in preschools.

Barking Frog Farm with Ann Courcy- August 1-4, 3rd- 7th grades

During this program the children will explore their relationship with nature: what they like, what they believe, and how they want to be in and with nature. We will explore the roles of the caretakers of the earth: **stewards**, **warriors**, and **gardeners**. Through discussions and activities each child will begin to develop their ideas about conservation, sustainability, and the environment.

Limited to 10 students

Materials fee \$10

Barking Frog Farm's mission is to Inspire kids and their parents to enjoy and take care of the earth: one bug, one plant, one animal, one location, one idea and one act at a time.

We want to identify and support the caretakers of the earth who crusade for planet health:

Gardeners grow local healthy food, plants that feed birds and insects and gardens that inspire people to love the earth.

Stewards educate the masses about the importance of conservation and preservation. They watch over trails, open spaces and **bodies of water**.

Warriors defend and protect the earth. Warriors implore people to take care of our natural resources and work toward environmental health and balance.

Ann Courcy is a photographer, gardener and all around nature lover. She lives in Deep River with her husband Dave, and 3 children, William (18), Aurora (7.75) and Stephen (5), 2 cats, a dog, and 2 coops of chickens.

Valley Shore Martial Arts- Aug 8- 11, 1st –7th grade

This program introduces martial art skills along with the concepts of focus, teamwork and discipline. These lessons develop self-esteem, confidence and self control. The classes are exciting and will also encourage positive work ethics and academic values. The environment, though demanding, is one of achievement through individual growth. By focusing and trying hard, our students realize that they can be highly successful in Martial Arts and also in every day life.

Master Keith Tubman is the owner and head instructor of Valley Shore Martial Arts. He currently holds the rank of 5th Degree **Black Belt** in Kempo-Jutsu. Keith's informal **martial arts training** started at the age of 10 years old. In 1995 Keith began to formally train with USSD. In 1998 he received his 1st Degree Black Belt. Keith has cross trained in several other styles of Karate, **Kung Fu**, and Jujitsu.